

## Testimonials... ASPIRE's Impact

*"In the last year, I've learned so much through ASPIRE. Not only did I learn from the amazing YLP workshops, but also from those I met and talked to. Each woman I conversed with had vision for the future and they were not afraid to share it."*

*- Annie Wu (Past YLP Scholar), Boston Latin Academy*



*"As a past speaker at several ASPIRE conferences, I can attest that ASPIRE is a phenomenal organization that serves a useful and important niche to the young Asian American women in this community. The programs are well thought out and wonderfully executed. I am constantly amazed at what the leaders and members of ASPIRE do. They are an inspiration to all women who strive for and aspire to success, professionally and personally. The organization is aptly named." - Connie Wong, Assistant Clerk and Trial Magistrate at Suffolk Superior Criminal Court*

*"ASPIRE is not just an organization for me. It is my family. ASPIRE is where we are a group Asian women leaders, calling ourselves 'sisters', sharing our stories, caring for one another, nourishing leaderships, and making a stronger community for Asian women and girls." - Thu-Hang Tran, Boston College, long time friend of ASPIRE*

## ASPIRE's Youth Leadership Program at a glance...

In a recent YLP survey, scholars reported that they gained a brighter outlook on career, emotional and mental state of mind. They also felt more capable in setting and achieving long-term goals. YLP girls also reported an increased ability to stand up for their beliefs and becoming role models for other Asian Americans. ASPIRE's YLP provides:

- Leadership Development for Asian American girls
- Professional Career Shadowing
- S.A.T./College Prep
- Public Speaking Workshops
- Health/Wellness Workshops
- Business Leadership Skills
- Science Workshops
- Arts/Performance Activities
- Mentorship/Friendship Development

For more information please email: [info@girlsaspire.org](mailto:info@girlsaspire.org)

Or visit: [www.girlsaspire.org](http://www.girlsaspire.org)



ASIAN SISTERS PARTICIPATING  
IN REACHING EXCELLENCE, INC.™

*ASPIRE (Asian Sisters Participating in Reaching Excellence) is a Boston-based non-profit organization dedicated to Asian American girls and women in the area of career and leadership development. With a strong membership base of 500+ nationwide and 150+ professional volunteers, we develop programs that engage, educate and empower Asian American high school, college, and professional women to become effective, lifelong leaders.*

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## Why ASPIRE?

The Asian American (AA) community often faces stereotypes of being a “model minority”— an ethnic group that has already achieved success and needs little support. As a result, AA girls often lack mentors and role models. AA girls that struggle to fulfill the “model minority” myth are at severe risk for mental and emotional illness, challenged by the clash between American individualism and the Asian tradition of putting family and community first. The YLP aims to empower AA high school girls through customized leadership training and career development, hands-on civic engagement in their communities and schools, and individual mentoring. Our goal is to improve their coping skills, self-confidence, and mental and career outlook.



## Youth Leadership Program

The **ASPIRE Youth Leadership Program (YLP)** is a year-long leadership program specifically tailored to the cultural and developmental needs of Asian American (AA) high school girls in the greater Boston area.

**YLP Scholars** have an invaluable opportunity to gain and develop strong leadership skills through the following programming:

- 1) **Leadership Training** – Customized training to develop leadership in areas such as communication skills, organizational ability, strategic thinking and civic engagement.
- 2) **Leadership Experience** – YLP Scholars will assist in developing and managing ASPIRE programs. Each YLP Scholar will be given projects, goals and deadlines to meet and will put skills gleaned from leadership training into practice.
- 3) **Mentorship** – Each YLP Scholar will be paired with multiple mentors to facilitate leadership and career path development. Mentors will come from ASPIRE (over 150 adult volunteers) and our collaborating partners.

## Get Involved

- The Youth Leadership Program (YLP) runs on the school year calendar, and applications are due in the fall time each year. For information on YLP, and the upcoming application process, please visit: [girlsaspire.org/ylp](http://girlsaspire.org/ylp)
- Join us on Facebook, Twitter, or LinkedIn for upcoming events and updates
- Sign up for our newsletters at [girlsaspire.org](http://girlsaspire.org)
- Visit [girlsaspire.org](http://girlsaspire.org) for volunteer and leadership opportunities

